



RSET
RAJAGIRI SCHOOL OF
ENGINEERING & TECHNOLOGY

THE CHAMPIONS

RSET Physical Education & Sports News Letter

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AN OVERVIEW : RSET SPORTS

Sports and Games is the integral part of Rajagirians total educational programme. The Physical Education Department at RSET is committed in providing students with a worthwhile and enjoyable learning environment while providing the necessary knowledge and tools to adhere to a lifetime of activity and better health.

Students will understand the importance of sound health and fitness principles as they relate to better health and will be able to: Recognize the physical and mental

benefits of increased activity. Determine factors involved with development, fitness levels and training strategies. Students will be exposed to a variety of physical activities providing them the opportunity to: Empower themselves by setting and working toward realistic individual goals. Participate in a motivating and nurturing environment resulting in a greater sense of well-being and self-esteem.



Teenu Thomas of S8 CSE b represented M.G University Chess team for the All India Inter University Chess Championship at Hindustan University Chennai on December 2015.



RSET Chess team won the M.G University inter Zone Chess Championship held at NSS College, Rajakumari on 29th & 30th Sep.2015.

This is the second consecutive year RSET won the Championship.

The team members are:-

- | | |
|-------------------|------------|
| 1) Albin Manjaly | S7 AEI |
| 2) Sreejith .H | S7 CSE (b) |
| 3) Teenu Thomas | S7 CSE (b) |
| 4) Vishnu Mohan | S5 ECE (b) |
| 5) Sarath M.Salim | S3 ME |
| 6) Cybil Jose | S3 AEI |

ANNUAL ATHLETIC MEET 2015-2016

The 11th Annual Athletic Meet for the year 2015-2016 was a grand success. With each passing year the level of competition becomes more intense and stronger, and as regards the standard of the Sports Meet

The Principal arrived at 9.00 am and the meet commenced with the welcome speech. It was followed by the customary opening prayer by our S8 students. The meet began with the opening march past. It was led by Aryans House followed by Mugals House who were in turn followed by Rajputs House followed by Spartans House and last Vikings House. Days of practice for the march past had brought us to perfection. The solemn oath taking ceremony led by Sports secretary

Mr. Chris Thomas followed by the lighting of the Torch by the five sports person set the tone for the competition. Principal Dr.A.Unnikrishnan declared the Meet open Track events starts with the 400m and 200m races for men and women respectively. The students cheering for their house-mates.

The individual championships bagged by Mr.Tom Chacko James of Vikings and Feby Ann Thankachan of Rajputs.

The Overall Champions and Runners Up are ARYANS & RAJPUTS.

The prize distributions were held by Vice Principal Dr.John M George and Rev. Fr.Mejo Paul CMI. The Meet finally closed with the singing of the National Anthem.



CHAVARA CUP –INTER RAJAGIRI BASKETBALL TOURNAMENT

In the loving memory of St.Kuriakose Alias Chavara, every year REST Physical Education Department organize an inter-rajagiri basketball tournament called CHAVARA EVEROLLING TROPHY in the month of October. The teams are RSET, RCASM, RCSS & SIENNA BHAVAN. This year the

tournament was inaugurated by Dr.A .Unnikrishnan (Principal, RSET) on 13th October 2015 .RCSS were the Winners and RCASM secured the Runners UP. Rev.Dr.Jose Alex CMI-Director of RSET distribute the Prizes



RAJAGIRI CHAMPIONS CUP

RSET TEAMS AT M.G UNIVERSITY CHAMPIONSHIPS 2015-2016

Teams	Venue	No of Students Participated	Performance
Badminton (men)	MACE,Kothamangalam	6	Pre Quarter finals
Basketball (men)	St.Peters College,Kolencherry	12	Quarter Finals
Cricket (men)	Bharatmata College, Thrikkakara	16	2~Round
Chess (men& women)	NSS College ,Rajakumari	6	Champions
Fencing (men)	Maharajas College,Ernakulam	4	Quarter Finals
Football	Nirmala College Muvattupuzha	18	Quarter Finals
Table Tennis (men)	MACE,Kothamangalam	5	Quarter Finals
Volleyball (men)	S H College Thevara	12	2 nd Round
Athletics (men & women)	Maharajas College, ernakulam	14	Participation

Department organized “RAJAGIRI CHAMPIONS CUP 2015- 2016” All Kerala inter collegiate tournament in three different disciplines Chess, Football & Volleyball in the month of April 2016. 20 college

teams from various parts of the state were participated in the tournament. As a part of this tournament, we also organized an exhibition football match between RSET Staff and RSET Alumni

RESULTS

EVENT	WINNERS	RUNNERS
Chess	AJCET,Karjirapally	RSET,Kakkanad
Football	KMEa,E dathala	SNGCE,Kadayiruppe
Volleyball	St.Josephs ,Pala	RSET,Kakkanad

RSET TEAMS PARTICIPATED OTHER INTER COLLEGIATE TOURNAMENTS 2015-2016

Teams	Venue	No of Students Participated	Performance
Football (men)	ILM engineering College,Perumbavoor	15	Semi Final
	SJCET,Pala	15	Semi Final
	Adi Sankara ,Kalady	18	Quarter Final
	KMEa,E dathala	18	Runner Up
	SNGCE,Kadayiruppe	18	Runner Up
Basketball (men)	AJCET,Karjirapally	12	Quarter Finals
Basketball (women)	AJCET,Karjirapally	12	Runner Up
Chess (men& women)	Newman College, Thodupuzha	6	Runner Up
Cricket (men)	FISAT,Angamaly	16	Quarter Final



RAJAGIRI CORPORATE CUP CRICKET TOURNAMENT 16

Department of Physical Education is organised RCC-Rajagiri Corporate Cup cricket Tournament from 27th January to 10 February 2016. 20 corporate teams were participated for the

tournament. Rev. Dr. Jaison Paul CMI inaugurated the tournament. Aabasoft Technologies were the winners and EXL Services secured the second prize.



FACILITIES FOR SPORTS & GAMES

S.No.	Name of the Area	Qty. & Plinth Area in Sq.Mtrs
1)	Basketball Courts with Permanent Floodlight Facility	2 No's (2050 Sq.Mtrs)
2)	Football Field	1 No (5850 Sq.Mtrs)
3)	Cricket Ground	1 No (9000 Sq.Mtrs)
4)	Volleyball Courts with Floodlight Facility	2 No's (400 Sq.Mtrs)
5)	Throwball Court	2 No's (850 Sq.Mtrs)
6)	Tennis Court (clay court)	1 No (200 Sq.Mtrs)
7)	a) Fitness Centre Gents	1 No (500Sq.Mtrs)
	b) Fitness Centre Ladies	1 No (500.Mtrs)
8)	Play Ground consist of 200mtrs Athletic Track, Long Jump Pit, Shot-put, Discus Throw pits and Javelin sector.	1 No (5850 Sq.Mtrs)
	Sports Store	1 No (50 Sq.Mtrs)
9)	Indoor Badminton Court	2 No's (1000 Sq.Mtrs)
10)	Table Tennis Area	2 No's (175 Sq.Mtrs)

RSET SPORTS IN MEDIA



രാജഗിരി കോർപ്പറേറ്റ് കപ്പ് (ക്രിക്കറ്റ്)

കാക്കനാട് • രാജഗിരി സ്കൂൾ ഓഫ് എൻജിനീയറിങ് കോളേജ് നടത്തുന്ന പ്രഥമ കോർപ്പറേറ്റ് ക്രിക്കറ്റ് ടൂർണ്ണമെന്റ് റവ. ഡോ. ജെയ്സൺ പോൾ ഉദ്ഘാടനം ചെയ്തു. കൊച്ചിയിലെ പ്രമുഖ കോർപ്പറേറ്റ് കമ്പനികൾ മാതൃകയായുള്ള ടൂർണ്ണമെന്റ് ഫെഡറേഷൻ 10 ന് അവസാനിക്കും.



എംജി യൂണിവേഴ്സിറ്റി ചെയർമാൻ രാജഗിരി കോളേജിൽ

കാക്കനാട് • എംജി യൂണിവേഴ്സിറ്റി ചെയർമാൻ ഡോ. എസ്.എസ്.എസ്. ജെയ്സൺ പോൾ രാജഗിരി സ്കൂൾ ഓഫ് എൻജിനീയറിങ് കോളേജിൽ നടത്തുന്ന പ്രഥമ കോർപ്പറേറ്റ് ക്രിക്കറ്റ് ടൂർണ്ണമെന്റ് ഉദ്ഘാടനം ചെയ്തു. കൊച്ചിയിലെ പ്രമുഖ കോർപ്പറേറ്റ് കമ്പനികൾ മാതൃകയായുള്ള ടൂർണ്ണമെന്റ് ഫെഡറേഷൻ 10 ന് അവസാനിക്കും.